

Toddler Weekly Meal Planner								seashellsandsitups.com @tiu_shelley
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Main							
	Protein							
	Fruit							
	Dairy							
Mid-Morning Snach								
Lunch	Main							
	Carbs / Fats							
	Fruit							
	Veggie / Greens							
	Dairy / Protein							
Early Afternoon Snack								
Dinner	Main							
	Carbs / Fats							
	Veggie							
	Other							
Likes:								
Dislikes:								
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